

THE SHUTTLE

MARCH 2019



MARCHMONT ST GILES' PARISH CHURCH
AT THE HEART OF THE COMMUNITY



1a Kilgraston Road, Edinburgh, EH9 2DW

Visit us on Facebook, Instagram, Twitter and
www.marchmontstgiles.org.uk

Meeting Matters

Every Saturday

10 - 12pm Morning Coffee

Every Tuesday

10.00 Prayers & Reflection South Transept

Every Wednesday

12.30 Butterflies Plus - Lunch for the Over 60s

March

- 10 9.50 Family Service
10.30 Morning Service
- 11 7.30 Kirk Session meets in **Inchcolm Hall**
- 12 7.30 Guild - Malawi Fruit
- 17 9.50 Family Service
10.30 Morning Service
- 24 9.50 Family Service
10.30 Morning Service
- 26 7.30 Guild - speaker to be confirmed
- 30 2.00 Wild Lent (see page 10)
- 31 9.50 Family Service
10.30 Morning Service

April

- 1 7.30 Kirk Session
- 7 9.50 Family Service
10.30 Morning Service
Contributions for the next issue of The Shuttle to be submitted by today.
- 9 7.00 Craft Night
- 14 9.50 Family Service
10.30 Palm Sunday
- 15 6.30 Envelope Stuffing for Christian Aid

Front Cover

This lovely picture which was made from hundreds of tiny cut-out butterflies was given to Butterflies Cafe from one of our customers and the inscription on the back states "*To Butterflies Cafe for all that you do. We send our love and eternal thanks*". We were overwhelmed at the love and support that this family has given to us in return for our support for them. This is just one instance of how people value the work that is done in the Centre in God's name. An example of how it is not just what happens on a Sunday morning but, equally important, what also goes on the other six days of the week.

Reflections

"A new commandment I give to you, that you love one another; as I have loved you, that you also love one another." John 13:34

As Christians we hold firmly to an understanding of God as 3 in 1 and 1 in 3 and that God is Love.

God as Creator loves so much that the universe and everything in it is created and God holds an immutable and firm place in our thinking. From childhood we can see in our mind's eyes images of God, both through the great artists and the stories of the Bible. God is a rock in the midst of the storms of life.



Equally, God the Son can be seen as the ultimate man, remembered as the One whose love conquered everything, even death, in spite of everyone who opposed him.

However, God the Spirit is a different prospect altogether. As humans we like to control things – and as strong and unchanging as God the Father and God the Son are, which comforts us, the Spirit cannot be forced into a box which will support our ideas or even prejudices. The Spirit blows where it will. In Hebrew, the word for Spirit (ruach) is the same for breath and represents each person's life force. The presence of the Spirit and breath indicates that one is alive. The Spirit cannot be contained or controlled. This Love is dangerous and unpredictable and can challenge us to do things we wouldn't naturally and happily do. However, through experience we can discover the Spirit or breath of God, rather than through intellect or belief, and discover whether we might be prepared to follow. It is then that we discover that we cannot control one's experience of the Spirit of God. And we must also learn that just as much God loves us and we, in turn, are called to love, then before we can do that, we must learn to love ourselves, as much as God loves us.

It is God's Spirit which leads us out into the world and which tells God's people again and again that we are to share the Good News of Christ with the world. The Spirit leads us along different and unexpected paths and that can be challenging and even difficult if you like your faith neat and clean.

If we want to remain apart and pure, then the call to parish ministry in the Church of Scotland is not easy. There are many Churches throughout the world, who remain apart and pure, who do not welcome those who do not speak the right language, dress in a prescribed way or follow a certain code and challenge the system.

The Church of Scotland follows a broader and more challenging way of being church. By its very nature, we as Christians in this place are called to reach out, as well as find fellowship from within, and to embrace the stranger and everyone who wishes to search as part of our community. Through the Spirit we are called to love everyone and embrace everyone.

But that is not easy. We don't like everyone. There are people who make us uneasy. But when that is the case we must pray for them as well and as ardently as we pray for the people we love. It is a gift and a challenge that we are called to do. It calls us to adopt a new attitude, so that we might be changed, even if the other person is not.

In his work, *Mere Christianity*, CS Lewis says the following: "The rule for all of us is perfectly simple. Do not waste time bothering whether you love your neighbour; act as if you did. As soon as we do this, we learn one of the great secrets. When you are behaving as if you loved someone, you will presently come to love them. "

Church, as with faith, is a 7 day a week adventure. There are young women and men, parents and grandparents who talk about their faith as they sit in the Café; who find out about what is going on and contribute to the outreach of the Church by donating to the box for Richmond Craigmillar. There are people from the congregation and further afield who come to pray, either together on a Tuesday or at other times during the week and to share in the bible study on a Thursday. There are visitors who come on a Sunday and we need to speak to them if they sit next to us or smile at them as we pass them in the pew, so that people will continue to say that we are a welcoming Church. There are families who come to take part in Toddler Church and other activities. And then there are people who come to sit in the Café and share their stories with the staff and volunteers. Some of the stories would make you realise

how privileged we are to be able to listen and how vulnerable some people are. That is the work of the Church.

They may or may not be your friends, you may or may not know them, some may make you want to be better, others might infuriate you, but as a Church, we are called to embrace them and pray for them, and even get to know them.



Marchmont St Giles' embraces people of different faiths and none. We are called to embrace everyone – no matter who they are or where they have come from. It is a privilege just to be able to trusted to be there for people. Perhaps you might like to come and have a cup of coffee or a bowl of soup in the Café and see what the Church does other than on a Sunday, or perhaps you might want to come and receive support for using your phone from Tap-into-IT which starts at the end of March.

Perhaps you might want to help with the many tasks which keep the Church running on a weekly basis. All help gratefully received. Help your friends be part of the Embrace.

Karen K Campbell

P.S. Remember to put your clocks forward on Sunday 31st March.

CHURCH FAMILY & PARISH NEWS



Lindisfarne Trip Saturday 8th June

Leaving Marchmont St Giles' 10am

Leaving Lindisfarne 5pm at latest

Cost is £15 – children free

£10 deposit required to secure seat on the bus

Also, we hope there will be a guided talk around St Aidan's Church at the beginning of the day and a short gathering at the end for words for Pentecost.

We will be part of a group of local churches gathering together to enjoy a visit to the Holy Isle and partake of fellowship. Please note change of date as mentioned in the February issue of The Shuttle.



Helping to make MSG tick

March

Flowers

Coffee

Beadle

10th Jessica McCraw

Jessica McCraw

Alistair Mitchell

17th Judith Stewart

Joan Smith

Jessica McCraw

24th Dianne Beattie

Helen Bennet

Stephen Cowley

31st Mhairi Wilson

Carole Byres

Charles Stewart

April

7th Charles Stewart

Charles Stewart

Ian Moss

14th Joan Ellam

Frances Brown

M Affolter/A Laing

21st Shirley Farquhar

To be advised

Jessica McCraw

28th Anne Arthur

To be advised

Andrew Noble

Development & Fundraising News



Various expert consultants have been to inspect our premises as the Quantity Surveyors put together a final costing schedule, the Architects finalise the tender documents, the Electrical Engineers put forward a lighting plan and the Mechanical Engineers find a way to keep us warm and supplied with hot water and heating throughout the build as new boilers are installed.

The Development Committee expect to go to the Kirk Session to ask for approval to go to tender later in the Spring.

Fundraising continues to grow apace with regular meetings with Cornerstone as they put together our application for the Heritage Lottery Fund. A date is on the church calendar for a VIP night in September whereby we hope to encourage local business people to offer us support in different ways.

A **Family Ceilidh** with the well known "**Ceilidh Kids**" is booked for the afternoon of **Saturday 22nd June** and many of our users and Cafe customers are keen to come. This is a great way to get to know each other better and more details will appear in later issues of The Shuttle - in the meantime **SAVE THE DATE!**

Butterflies continues to churn out jars of jams, chutneys and marmalade and a recipe book is planned for release in June in time for the Meadows Festival which we have applied for again. If you have any spare jam jars then they would be very gratefully received

If you have items which you would like to donate for the stall we are happy to store them for you. We have decided NOT to sell clothes this year but accessories and jewellery would be very welcome along with all kinds of other items.

We have already been down to the Auctioneers with various items and look forward to reporting back with our (hopefully) successful results.

A few pens are still available with several people coming back to buy more as they are so good. Last year's target of over £7,000 being raised by small projects is there to be beaten.....



**Be in the audience for
BBC Debate Night
Wednesday 13 March
Napier University
(Craiglockhart Campus)**

Debate Night

BBC Scotland's new topical debate programme is looking for you to be part of the audience and to put your questions to leading politicians and public figures.

If you would like to apply to take part in the broadcast contact Mentorn Scotland bbc.co.uk/debatenight
Email: debatenightaudience@mentorn.tv
Tel: 0141 611 9616

Any information you provide will be held in strict confidence in line with our privacy policy www.tinopolis.com/privacy-notice



Guild Notes

On 12th March we will returning to meeting at 7.30 pm. Do come along to hear about the second of our Guild projects for the session, Malawi Fruits, which will help rural communities to establish sustainable enterprises.

On 26th March, a speaker from the Costume Society was planning to come with fresh ideas for Spring outfits and insights into past styles. Unfortunately she is unable to come and plans are afoot, as we speak, to entertain you on this evening so look out for an intimation shortly.

As ever, all are welcome to Saturday Morning Coffee, which continues each week from 10 till 12, a chance for a good cup of coffee and a blether.



LENT, HOLY WEEK and EASTER SERVICES & EVENTS 2019

Saturday, 30th March 2 - 4 pm,

'Wild Lent' Worship at Blackford Pond Nature Area (see page 9)

Palm Sunday, 14th April:

Early Service - 9.50 am

Morning Worship 10.30 am

Holy Week Prayers:

Daily, Monday 15th to Friday 19th April, 9 am in South Transept

Maundy Thursday, 18th April 7pm:

Washing of hands and Holy Communion in Marchmont St Giles'

Good Friday, 19th April:

12 noon: Graveyard Walk followed by a soup lunch in Cafe.

7 pm: Joint Service in Marchmont St Giles' with St Catherines' Argyle Church, German Speaking Congregation Church and Morningside United Church.

Saturday, 20th April:

10 am to 12 noon: Easter Event for Everyone: Hot Cross Buns, crafts in the church centre.

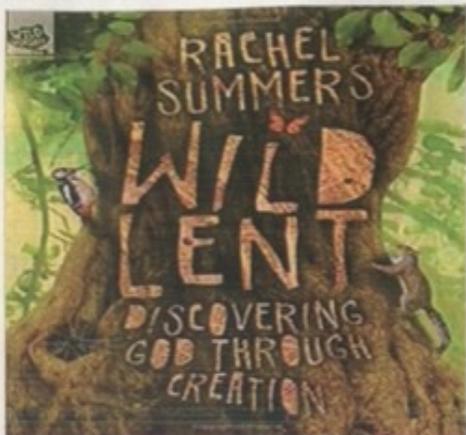
7 pm: Taize Service in Marchmont St Giles'.

EASTER SUNDAY, 21st April:

Early Service - 9.50 am

Sacrament of Holy Communion - 10.30 am





**SATURDAY,
30TH MARCH, 2-4PM**

‘ WILD LENT ’

Family & intergenerational event at
**BLACKFORD POND
NATURE AREA**

*Explore lent through reflection,
activities & fellowship.*

*Inspired by Rachel Summers' book 'Wild Lent'
used with permission.*

Meet at car park area beside Midmar
allotments /Braid Bowling club on Midmar
Drive, Edinburgh, EH10 6BT

ALL WELCOME

Wellies / Walking
boots & sense of
adventure
encouraged!

BYO drink;

Cake provided

More details:

family@marchmontstgiles
.org.uk

**MARCHMONT ST GILES
PARISH CHURCH**

0131 447 4359

www.marchmontstgiles.org.uk

Registered Scottish Charity

SCO09338

Marchmont St Giles' Church
EASTER EVENT FOR EVERYONE



Saturday,
20th April 2019
10 am to 12 noon

HOT CROSS BUN making,
EASTER GARDENS,
EGG decorating,
VARIOUS crafts.
REFLECTIVE WORSHIP
including hand - washing
and sharing hot cross buns!

Looking forward to seeing you!

For more information:
family@marchmontstgiles.org.uk
www.marchmontstgiles.org.uk
0131 447 4359

March Family Focus 2019

There is something about coming home from being away that can give us a fresh perspective or feel for the everyday that is invigorating and challenging.

I attended the annual Church of Scotland Community of Faith paid workers (children, family and youth workers) conference and returned with a list of both exciting ideas to take forward as well as things I realise I need to work on or wish I had done differently. The theme this year was Discipleship.

Our group piloted a Church of Scotland resource called 'Conversations in Discipleship' that will be rolled out in the next few months to consider how we share stories of faith and our stories in our own contexts. Some images I loved from this included that of Eagle vs Chicken (it was a group of children and youth workers in the room after all!)

Eagles have a 'God's eye-view' of situations whereas chickens tend to be facing the floor scratching around, as well as a question we could be asking each other in our Church family; "Where has God been in our lives this week". Almost a challenge to tell our new stories alongside Bible stories.

We also had workshops and presentations by the Scottish Bible Society and the CoS Gender and Justice Officer. The Aspirations for Ministry with Children and Young People section used the booklet by the Mission and Discipleship Council of the Church of Scotland 8 point framework to look at what areas we in our roles, congregations and churches do well, are working towards or have not considered yet.

Fellowship, bible study and worship underpinned the whole conference and along with the networking and support of peers meant that my time away was busy, exciting and refreshing. Now the challenge is to see how this can be translated into our local experience and congregation!

Thank you to Karen and the Kirk Session for enabling me to attend.

Long range forecast:

Summer Holiday Club 2019: Monday 5th to Friday 9th August



Christian Aid Week 12th-18th May 2019

Christian Aid is the official relief and development agency of 41 British and Irish churches and works to support sustainable development, stop poverty, support civil society and provide disaster relief in South America, the Caribbean, Africa and Asia including the Middle East.

Christian Aid aims to end poverty and injustice worldwide by focusing on certain key areas. This involves working in partnership with local organisations as well as with governments and the private sector. Their work includes helping people to claim their rights and access services such as healthcare and education.

In previous years Marchmont St Giles', in conjunction with the German Speaking Congregation Church, have been most generous as have many people in the parish. Once again the Committee is asking for your help in helping us with **"envelope stuffing" on the 15th April and contributing all your wonderful home-bakes to our Coffee Morning on Saturday 11th May** (more info in the next issue of The Shuttle and intimations)

The appeal that Christian Aid is focusing on this year is to help the people of Indonesia affected by the tsunami. In this country we are so, so lucky with our weather although we do a fair amount of moaning but really there are not severe extremes which I think we take for granted and don't realise how lucky we are.

On March 3rd we had a very successful soup, bread and cheese lunch which amassed £331 which has to be commended as fewer people attended than had been anticipated. Many, many thanks to all who generously contributed.

Eileen Dickson will be hoping that she may rely on her band of volunteers to deliver envelopes around the parish and Fiona Brown is once again devising the Quiz.

Once again thank you in anticipation of your good will.

June Wilson

Holy Corner Christian Aid Book Sale 11th – 18th May 2019

Morningside United Church has hosted a Christian Aid Book sale for several years and the sale acts as a focal point for Morningside and the surrounding communities. There are also other sales at St Andrew's and St George's West and at City of Edinburgh Methodist Church in Nicholson Square. Although the Holy Corner Book Sale is hosted by Morningside United Church, we work closely with Christ Church and many of our volunteers come from other local Churches. Last year we raised more than £16,000 for Christian Aid during the week of the sale and it provided an opportunity for people to come together with a shared interest, whether as volunteers or customers.

I would like to extend an invitation to the members of your congregation to become involved with the book sale activities. We have already started collecting, sorting and pricing books for May's sale. In addition, during the week of the sale there are ample opportunities for volunteers to tidy the stock, chat to customers and generally become part of the Holy Corner Book Sale Team. And, if they don't have the time or inclination to volunteer they could always come along as customers during the week of the Book Sale.

While I recognise that each church congregation has its own Christian Aid activities and programme, our work tends to extend throughout much of the year and may appeal to people looking for some longer term involvement with the book sale. If any of your congregation have books which they would like to donate they should deliver them to the side door of MUC, Monday to Friday, 10 am – 12 pm, or contact us on 0131-229-0090 or email holycornerbooksale@gmail.com to make an alternative arrangement. More details of the book sale are available at www.holycornerbooksale.wordpress.com.

Anyone interested in volunteering please contact me on 07754-264465 or by email at holycornerbooksale@gmail.com. If you would like any further information about the Holy Corner Christian Aid Book Sale, please contact me and I will be happy to talk to you about it.

Margaret Lobban, Holy Corner Christian Aid Booksale Organiser

AROUND THE AISLES

A **Craft Night** is planned to prepare new banners for this year's Poppy display and also to do some small alterations to the Christmas banners. The date is **Tuesday 9th April from 7pm** in Inchkeith/Inchgarvie and drinks and nibbles will be provided. (We might have some other small jobs needing done by then.) All are welcome.

Butterflies Cafe has been nominated by some of its customers for the **Scottish Cafe Awards 2019** and would be delighted if you would follow the link on page 18 and vote for us.

"All Day Afternoon Tea" is proving to very popular and the Cafe would be delighted to see you - why not bring a friend or two?? It is not necessary to book but if you let us know you are coming on a certain day then we will have it all ready for .you. A word of warning - Fridays are very busy and noisy all day so it is suggested that you choose another day.

Butterflies Plus continues to do well and will be on holiday on Wednesday 17th April as the cafe is closed for its Easter break.

The Welcome Leaflet has been recently updated with a list of classes and contact details. **Spanish classes** for pre-schoolers will be starting at the end of March along with **Tap-into-It** sessions to help you get the most out of your technology. New **Pilates Barre** classes are also commencing at the the beginning of April.

Volunteers are still required to fill spots in various rotas. The more there are the less frequently you are on duty. The Welcome Teams, flower arrangers, sound system rota and children's groups are all looking for help and full training will be given where required. Please contact the Minister or the Office if you can help.

Items for Richmond Craigmillar are being sought and they are so grateful for our support. Please remember to buy an item for the box the next time you go shopping.

When is Mother's Day 2019? Why do we celebrate it? Everything you need to know

The date changes every year and if you miss it you'll have to deal with a mother's scorn for a good few months, so don't forget. As ever, it's in March but the date can change depending on which Sunday it falls on. This year it falls very late on the 31st March

The origins of Mother's Day date back as early as the ancient Greek times. The ancient Greeks dedicated an annual spring festival to maternal goddesses and ancient Romans also celebrated a spring festival called Hilaria which was for a mother goddess called Cybele.

In the UK Mother's Day is always the fourth Sunday of Lent, the 24-hours marks the maternal bond that exists between a mum and child - as well as other maternal figures such as grandmothers, mothers-in-law and step-mums.

Mothering Sunday is a Christian celebration, which we celebrate exactly three weeks before Easter Sunday, which is also late this year.

It has now evolved into a day of appreciation for all the maternal women in our lives. Traditionally gifts such as flowers and chocolates are given as special thanks for all that mums do for us.



As previously mentioned, Mother's Day can find its origins back in the ancient Greek times but today we celebrate it in a way which the Americans started in the early 20th Century.

More recent origins of Mothering Sunday date back to the 1600s in England when it was held on the fourth Sunday of Lent. It was originally a day for Christians to visit their 'mother church'.

News From Edinburgh Presbytery

Presbytery installed and welcomed its new Moderator, Rev Angus Mathieson at the meeting on Tuesday 2nd February.

Planning Strategy Group

Jack Holt, Convener of the Presbytery Planning Strategy Group made an initial report on the 'way forward'. Ultimately the "plan" will consider the principles that should form the framework and guide any future planning strategy for the Church going forward into the 21st century here in Edinburgh.

It will cover a broad area, gathering information from : LCR Committee, Property Committee, Resourcing Mission Committee; seeking the findings from the "Re-Imagining Church" conference. And be influenced by outcomes from reports submitted to the GA in 2019: including the 'renewed Radical Plan' and the Special Commission on Governance; legislation from the Ministries Council in relation to Hub Ministry, and; the Buildings Strategy called "The Right Building in the Right Place."

At some stage [probably 2020] presbytery will seek meetings with Kirk Sessions to discuss some of these issues on a local basis. This will inform the overall Presbytery plan for the 21st century.

A very interesting article by the Very Rev Derek Browning is on the Edinburgh Presbytery website. In it he talks about his year as Moderator and his theme of hospitality. A favourite phrase is "If we are in a position of privilege it is better to build a longer table than a higher wall." He talks about how "Hospitality is about how we greet and welcome, how we include and share; it is about how we meet at table and look at those around us and converse with them." Thought provoking words which apply to all of us and at Marchmont St Giles' we have more opportunities than most to put these words into practice.

If you are interested in reading about the work of Presbytery and our place in the wider church then a visit to this website is a must and shows how much work is done by the committees on our behalf.

BUTTERFLIES CAFE



The 2nd Scottish #CafeAwards 2019

Nominations for this years awards are open, use the link below to vote for your favourites in the cafe sector!

<https://www.surveymonkey.co.uk/r/The2ndOfficialScottishCafeAwards2019>

And finally....

A recipe for making pancakes



Did you make pancakes for Shrove Tuesday?

If not then why not try this 16th century recipe out.

It contain two or three "spoonefuls of ale" and is from the *The Good Huswives Jewell*, an English cookery book by Thomas Dawson first published in 1585.

Take new thicke Creame a pine, foure or five yolks of eggs, a good handful of flower and two or three spoonefuls of ale, strain them together into a faire platter, and season it with a good handfull of sugar, a spooneful of synamon, and a little Ginger: then take a friiing pan, and put in a litle peece of Butter, as big as your thumbe, and when it is molten brown, cast it out of your pan, and with a ladle put to the further side of your pan some of your stuffe, and hold your pan ..., so that your stuffe may run abroad over all the pan as thin as may be: then set it to the fire, and let the fyre be verie soft, and when the one side is baked, then turn the other, and bake them as dry as ye can without burning.

The painting, called the Pancake Bakery, is by Pieter Aertsen and was painted in 1560. It is now in the Museum Boijmans Van Beuningen, Rotterdam.

(A good tip when making pancakes is to use equal quantities of evaporated milk and water as this gives a lovely creamy flavour)

WHO'S WHO @ MARCHMONT ST GILES'

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Church Centre Booking Enquiries

**Church Centre Office
(Monday - Friday 9.00am - 1.00pm)**

Email : office@marchmontstgiles.org.uk

0131 447 4359

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