

THE SHUTTLE

APRIL 2019



MARCHMONT ST GILES' PARISH CHURCH
AT THE HEART OF THE COMMUNITY



Visit us on Facebook,
Twitter @Marchmont_St_G_
www.marchmontstgiles.org.uk

Meeting Matters

Every Saturday

10 - 12pm Morning Coffee

Every Tuesday

10.00 Prayers & Reflection South Transept

Every Wednesday

12.30 Butterflies Plus - Lunch for the Over 60s

April

14 9.50 Junior Church

10.30 Palm Sunday

Holy Week

9.00 Prayers for Holy week Monday - Friday

15 7.30 Kirk Session

17 7.00 Washing of hands & Communion Service

18 7.00 Good Friday - GSCC, Chalmers Crescent (see page 11)

19 7.00 Taize Service

20 10.00 Easter Family Event

21 9.50 Junior Church

10.30 Easter Day Sacrament of Holy Communion

23 7.30 Guild - Our Changing Botanics

28 9.45 **'HIGH-LITES'**

9.50 Junior Church

10.30 Morning Service

May

5 9.50 Junior Church

10.30 Morning Service

Contributions for the next issue of The Shuttle to be submitted by today

11 10.00 Christian Aid Coffee & Sale

12 9.50 Junior Church

10.30 Christian Aid Dedication Service at MSG

Front Cover

There will be an Easter egg hunt for the children on Easter Sunday morning during the service

Reflections

The Pastoral Care Team have had a very interesting presentation by Joanna Senew of HomeInstead on the subject of providing people with dementia with a playlist of music to listen to. Research has proven that our musical tastes are settled between the ages of 10-30 and for people with dementia, listening to music from those ages, can reinvigorate and inspire a life which has been limited by the challenges which they and their families face.



It was a very interesting presentation and made me think about people I know and have known, who were limited by the disease, but who “came alive again” when certain pieces of music came on the radio or television. I remember one lady who remembered her starring role once again in “The Merry Widow” when she had the music played on the record player for her. You can tell how long ago it was.

The Pastoral Care Team is going to engage with a charity who develop play-lists for people to access this for various members of the congregation who we think might benefit from this resource.

Do you know of anyone who might benefit from this? If you do, please tell me or June Wilson and we can help arrange this.

As we look towards Easter, the death of Christ on the Cross and the disciples experiencing the Resurrection in the Garden on that first Easter, let us reflect on the many ways in which we have had experience of Easter in our lives.

Christ walked that road of derision and persecution and death, with utter integrity, standing up for what was right, even to the end and beyond. The Good Friday experience is one where despite the protestations of those closest to him, many of his friends failed him, but still he continued.

The devastation of that day brought every hope and healing and word of life to nothing. What more could be expected in the aftermath; yet it was not the end.

Life had the final word. Life came forth once more and God's declaration of life and hope assured everyone who had failed, everyone who had colluded, everyone who had conspired, that death would not have the final word and that with God, there was love and there was hope.

As Jesus "came to life" once more, and showed in spite of everything, that Love had the last word, as well as the first, those there at the first glimpses of light that Easter morning, and we here and now, have the responsibility to live out and share that Easter faith.

We may face the walk which Christ did, we may have friends who desert us, we may see people who should know and do better, fail to live as they should and disappoint us, but still we are called to be the Easter chink of light in the half light of dawn.

This Easter let us bring hope and love to a world which too often forgets how to do and be Hope and Love.

Karen K Campbell

"Playlist for Life" is the charity set up by Presenter Sally Magnusson after the death of her mother, Mamie, with a view to helping people with dementia in particular. What began as a memoir of her mother turned into a campaign to put music at the heart of dementia care.

Dementia was robbing Sally Magnusson's beloved mother of words and memories, yet the opening bars of one of her favourite songs would see her take up the refrain and be immediately transported back to a place where the confusions of this cruellest of diseases would fade and she would regain, for a time, something of herself.

As the disease progressed, the BBC Reporting Scotland anchor and her family felt they were losing their mother bit by bit, memory by memory. However, music still had the power to ground her, and they reached for the repertoire she had been singing them all her life.

CHURCH FAMILY & PARISH NEWS

All of a sudden the Guild year is nearly over for 2018-19, but we had a very interesting meeting on April 9th with Jodie Whitham speaking to us about the Lady Haig Poppy Factory, and on April 23rd after our (very brief) business meeting we will hear about Our Changing Botanics from Heather McHaffie, who has recently retired from working there.

The May issue of The Shuttle will have our list of donations to various projects and we have knitted, stitched, stuffed over 200 chickens raising over £200 - but are now all sold. Thank you!

Saturday Morning Coffees will continue, subject to school holidays, until late June, and all are welcome between 10 and 12 for a blether, and of course some refreshment! Thank you to all our friends for their support during the past year.

Helping to make MSG tick

April	Flowers	Coffee	Beadle
14 th	Joan Ellam	Helen Bennet	M Affolter/A Laing
21 st	Shirley Farquhar	Eileen Dickson	Jessica McCraw
28 th	Anne Arthur	Joan Wareham	Andrew Noble
May			
5 th		June Wilson	M Affolter/A Laing
12 th		Ann Mcghie	Jessica McCraw
19 th		Liz Mack	Charles Stewart
26 th		Jessica McCraw	Stephen Cowley



We give thanks for the life and service of:

Agnes Lee, a resident of Homeros House and member of the parish, who died on the 19th March 2019. Her funeral will take place on Saturday 20th April.

Fundraising News



At a recent meeting with the Fundraisers we met Emma Jackson who is taking over our Heritage Lottery Fund application from Miriam Harte. Emma has come on board with all guns blazing and has set us various tasks to allow her to get the first part of our application in asap. We should have an idea of how successful this will be by the beginning of May and then a whole series of other applications will be rolled out by Cornerstone - it's all about having your ducks in a row!!.

A general generic appeal has been put together for the medium fundraising team to send out to a very long list of smaller funders.

As part of the information being collated, a spreadsheet showing User Analysis over the years was produced and showed that almost 100 groups use our premises at least once a year and even we were surprised at this number.

We have a list of chairs and benches from which the Development Committee will produce a shortlist for you to try out and we have received an example of the proposed lights for the church to see how it will look in situ.

Plans for the Meadows Festival (1st and 2nd June) are in hand and we are already gathering lots of items for sale in St Kilda which is getting smaller by the minute and we would be delighted to help you de-clutter your house, garage, attic etc. This year we have decided not to sell clothes but accessories and jewellery would be very much appreciated.

A cheque for £59 was handed to the Treasurer as a result of some items which we auctioned earlier this month and we are waiting to hear from Bonhams regarding a clock face which was found up in the Bell Tower. It would be very helpful to have some provenance for this item and if anyone has any knowledge about it then that would be very helpful



Development News

A very positive meeting was held with DRD Architects and the Quantity Surveyors last week to discuss the proposed cost of the development. The figures are not completely finalised as a few areas are still under discussion and some savings have already been identified if necessary. It is beginning to feel very real now as we literally get down to the nuts and bolts of the project.

The Building Warrant is expected to come through very soon and has not thrown up any major issues.

The floor in the church is a big job as there are areas with 800mm gaps underneath which will have to be dealt with and the engineers are looking at all the variables before we have to make a final decision as to which option we go with.

We have asked the Architects to look at the possibility of placing solar panels on the new flat roof to enable us to reduce our costs and maybe even sell power back to the National Grid.

The Committee will ask the Kirk Session at the meeting on the 15th April to approve their proposal to go to tender in the near future - this costs us nothing and does not commit us to anything.

It is proposed to have a walk-through of the plans one Sunday after the service to explain the process in greater detail. Please join us as this will give everyone the chance to ask questions.

The Architects plan to invite four well known firms to tender for the project.

One reassuring point was made by the Quantity Surveyor in stating that the items being used in the build will not be Brexit dependent as they are all manufactured in Britain and we will not be dependent on imported goods

If you have any questions about the project please ask a member of the Committee. We will be honest in our answers and this will allow you to get the proper facts rather than assumptions.

Extract from the sermon on Sunday 17th March.

There is an apocryphal story, which I am sure has some substance to it. It tells that hundreds of years ago, the Pope decided that all the Jews had to leave the Vatican. Naturally there was an uproar from the Jewish community. So the Pope made a deal. He would hold a religious debate with a member of the Jewish community. If the Jew won, they could stay. If the Pope won, the Jews would leave.

So the Jews picked an older man named Moishe to represent them. Moishe made one request. To make it more interesting, neither side would be allowed to talk. The pope agreed.

The day of the great debate arrived. Moishe and the Pope sat opposite each other for a full minute before the Pope raised his hand and showed three fingers. Moishe looked back at him and raised one finger. The pope thought and then waved his fingers in a circle around his head. Moishe pointed to the ground where he sat. Then the Pope pulled out a wafer and a glass of wine. Moishe pulled out an apple. Finally, The Pope stood up and said, "I give up. This man is too good. The Jews can stay."

An hour later, the cardinals were all around the Pope asking him what happened. The Pope said, "First I held up three fingers to represent the Trinity. He responded by holding up one finger to remind me that there was still one God, common to both our religions. Then I waved my finger around me to show him that God was all around us. He responded by pointing to the ground and showing that God was also right here with us. I pulled out the wine and the wafer to show that God absolves us from our sins. He pulled out an apple to remind me of original sin. He had an answer for everything. What could I do?"

Meanwhile, the Jewish community had crowded around Moishe. What happened?" they asked. "Well," said Moishe, "First he said to me that the Jews had three days to get out of here. I told him that not one of us was leaving. Then he told me that this whole city would be cleared of Jews. I let him know that we were staying right here." "And **then**?" asked a woman. "I don't know," said Moishe. "He took out his lunch and I took out mine."

Things can so easily be misunderstood, particularly when we don't communicate properly, or what is obvious to one is not obvious to the other.

Family Focus

As this goes to press we have had our Wild Lent event and I have told the Easter story to the Beaver Colony, Playgroup and Toddler Church.

Wild Lent, in the sunshine with 23 folk, was a joy again. The children were intrepid in their explorations (mud and climbing), the adults engaged in reflection and fellowship at the various locations. Treasure sticks were made as we journeyed to express our journey through life. Bark rubbings captured the texture of our experiences and reminding us we are connected to nature as if we have roots like trees. We made a Hapa Zome; a white sheet with a collection of leaves, greenery, berries and other natural materials that we made into a 'picture' then covered with another cloth and pressed/ bashed with a rolling pin then viewed the imprints; life events and challenges that shape us and we cannot always see until later how that weaves into our journey. Rounded off with prayer and cake. Thanks to all that came to make it a time of fellowship.

Up next is Holy Week; I am practising my Hot Cross Bun making skills ready for our all age/ intergenerational **Easter event on Saturday 20th April** (see page 10). Come and join us in the fun, fellowship and reflection of the day before Easter. (There is still time to hand in plastic food trays and egg boxes for craft!)

Looking ahead to after the school holidays we will be into study leave and '**Exam time**'. It is the time of year when we think of young people and students of all ages who are taking exams, finals of study and coming to the conclusion of a stage of life and being on the brink of what comes next. Please hold them in your thoughts and prayers; for focus, rest and sense of purpose. For their families who live with and support them and the teachers and advisors that guide and encourage them.

Superheroes Holiday Club

Monday 5th to Friday 9th August mornings for Bible themed fun, games, activities and more. This is a joint project with Mayfield Salisbury Parish Church. Bettina & Hillary are very excited! Get in touch for more details. Online booking opening soon.

Happy Easter!

Bettina

Marchmont St Giles' Church
EASTER EVENT FOR EVERYONE



Saturday,
20th April 2019
10 am to 12 noon

HOT CROSS BUN making,
EASTER GARDENS,
EGG decorating,
VARIOUS crafts.
REFLECTIVE WORSHIP
including hand - washing
and sharing hot cross buns!

Looking forward to seeing you!

For more information:
family@marchmontstgiles.org.uk
www.marchmontstgiles.org.uk
0131 447 4359



EASTER SERVICES

Palm Sunday, 14th April:

Early Service - 9.50 am

Morning Worship 10.30 am

Holy Week Prayers:

Daily, Monday 15th to Friday 19th April, 9 am in South Transept

Maundy Thursday, 18th April 7pm:

Washing of hands and Holy Communion in Marchmont St Giles'

Good Friday, 19th April:

12 noon: Graveyard Walk followed by a soup lunch in Cafe.

7 pm: Joint Service in the **German Speaking Congregation Church** with St Catherines' Argyle Church, Marchmont St Giles' Church and Morningside United Church. **(Note change of venue)**

Saturday, 20th April:

10 am to 12 noon: Easter Event for Everyone: Hot Cross Buns, crafts in the church centre.

7 pm: Taize Service in Marchmont St Giles'.

EASTER SUNDAY, 21st April:

Early Service - 9.50 am

Sacrament of Holy Communion - 10.30 am

Church of Scotland Launches New Tartan



The Church of Scotland has unveiled its own distinct tartan to celebrate its enduring role as the country's national Kirk.

Each of the five colours hold deep meaning for the Presbyterian denomination, which was established in 1560. The idea was to make use of colours associated with the liturgical calendar,

Christian tradition and links with the nation of Scotland.

Purple symbolises royalty, the sovereignty of Jesus Christ as the head of the Church, divinity, the thistle and heather.

Red represents the blood of Christ, Christian martyrs, the flames of Pentecost, the Holy Spirit, the Burning Bush from which God spoke to Moses and the Scottish Lion Rampant.

Blue represents Mary, the mother of Christ, the sky, St Andrew, the patron saint of Scotland, and the Kirk itself.

Green is for the earth, growth, glens, moors and mountains.

White symbolises brightness, the purity of Christ, the cross in the official emblem of the Church of Scotland and the Saltire, the country's national flag.

The distinctive wool cloth, which has been entered in the Scottish Register of Tartans, will be used to make a wide range of products including kilts, scarves, ties and furniture upholstery.

The tartan was designed and woven by staff at leading textile manufacturer, Lochcarron of Scotland, in Selkirk in the Scottish Borders.

Items made from this new tartan, alongside the Guild Tartan, will make their way all over the world as Moderators, Convenors and others welcome visitors and build relationships by the gift of a scarf or tie.

The Unspeakable You Know What

Andy: Well, Ada, that was some party last night!

Ada: It certainly was, Andy. I wonder if we will reach our Golden Wedding Anniversary like James and Esther?

Andy: Oh, there must be a chance of that, Ada, you look fit and healthy.

Ada: Er, thank you, Andy, I take it that was meant to be a compliment?

Andy: Of course it was, my beautiful and wonderful wife! Ada: Oh you say the nicest things sometimes, Andy!

Andy: Hey, Ada, last night I asked James if he remembered his wedding night and he said that he could never forget it.

Ada: Did he say anything else about it?

Andy: Aye, he said that Esther used to nibble his ear!

Ada: Really, does she still do that?

Andy: Not anymore, James said, apparently by the time she's found her teeth the urge has gone.

Ada: Och Andy, you are terrible making fun of them! You can't tell jokes like that in church.

Andy: Why is that, Ada?

Ada: Well, you know, it just seems a little improper to talk like that!

Andy: Oh, Ada, hen, you obviously haven't read the bible passage for today.

Ada: Why? What does it say?

Andy: It's all about... (whispers suggestively) you know what!

Ada: No, I don't know what, Andy, as I have not read it yet!

Andy: Well it's all about... (mouths the letters) S. E. X.

Ada: Andy, go and wash out your mouth with soap. You cannot mention (mouths it again) S. E. X. in church.

Andy: But it's in the Bible.

Ada: Andy, we are Presbyterians, we don't ever talk about (mouths) you know what!

Andy: Why not? Did God not tell Adam and Eve to go forth and multiply?

Ada: Er, yes.

Andy: And did he not say to Abraham that he would make his descendants as numerous as the stars in the sky and that he would give them land, so that through his people all people would be blessed?

Ada: That's right, Andy.

Andy: Well, as far as I know they were not all virgin births. A lot of people must have had sex.

Ada: Well, er, I suppose so, but its not the kind of thing we talk about in church. How did your team get on in the game yesterday?

Andy: No changing the subject here, Ada! The reading today comes from the Song of Songs and is an erotic love poem. The Bible sees sex as being good and wonderful and enjoyable, but the church over the centuries has made it something dirty and unacceptable, and not talking about it is unhealthy!

Ada: But Andy...

Andy: But nothing, Ada. Let me tell you what I have been learning. Eros, pronounced AIR-ose, can be translated as 'love' in English. It is the physical, sensual intimacy between two loving partners. It expresses sexual, romantic attraction. Eros is also the name of the mythological Greek god of love, sexual desire, physical attraction, and physical love. Love has many meanings in English, but the ancient Greeks had four words to describe different forms of love precisely: Storge, or family love; Philia, or brotherly love; Agape, or sacrificial or unconditional love; and Eros, sexual love. And it is eros which is eulogised in the book Song of Songs or Song of Solomon as some call it.

Ada: Wow, have you been on the internet, Andy?

Andy: Yes, we are going to be exploring love in the Bible over the next few weeks, and today we are talking about physical love, even if that makes some folks a bit uncomfortable. What God made good should always remain good.

Ada: Well, Andy, I suppose you are right!

Andy: It's not often you admit that, Ada.

Ada: Yes, what God has made good should be celebrated and enjoyed, and we should not be ashamed of being open and free to talk about love.

Andy: Amen to that, Ada.

AROUND THE AISLES

Butterflies Cafe will be on holiday from the 12th April and re-opens on Tuesday 23rd April. However flasks of coffee and tea and biscuits will be available in the mornings in the Cafe area with an honesty box. Suggested prices are £1 for tea and coffee and 60p for biscuits.

Kirsty Noble has been working in the Cafe as part of her Duke of Edinburgh and Guides service requirements for the last couple of years but has completed her time with us. Judith and Nicci would like to say a huge thank you to Kirsty for all her help and wish her every success in the future.

We look forward to welcoming Ye Eun and Eryn as our latest DoE students on a Friday afternoon .

Butterflies Plus will not be available on Wednesday 17th April.

The **Kirk Session** will take place on Monday 15th April - this will have one item of business.

The **Administrator and Church Caretaker** will be available from 9am - 1pm during Holy Week.

Easter Prayers will be led by the Minister on Monday - Friday of Holy Week at 9am in the church.

There are still a few seats left for the **trip to Lindisfarne** on Saturday 8th June. The bus will be leaving MSG at 10am and we will be part of a group of local churches gathering together to enjoy a visit to the Holy Isle and fellowship. It is planned that there will be a guided talk around St Aidan's Church at the beginning of the day and a short gathering at the end. A deposit of £10 will secure your seat.

Volunteers are still required for the Welcome teams, Coffee rota, etc - the more the merrier. Please advise the Session Clerk if you wish to volunteer to help MSG tick.

Hearing Dogs for Deaf People

I am sure some of you will remember the yellow Labrador puppy we had in training from October 2016 to October 2017. Kenny arrived at 8 weeks old weighing about 6kg and left at 14 months having grown to 30kg. He went to Yorkshire to continue his training and we have just heard that he has passed all his assessments and is a fully trained hearing dog. He will soon be going out to work! We are very proud of him and of our small part in helping to train him. We were sent a lovely photo of him in his uniform.



Meanwhile we have Echo who didn't quite make it as a Hearing dog but I think he quite enjoys his role at the Church, helping to meet and greet when on welcome duty with me. He is also a fully trained assistant Beadle and has been known to assist with the sound! But his favourite task is cleaning the floor of the cafe.

Just in case you are interested, Echo's sister, Evita, who was trained in Edinburgh joined the hearing dog breeding programme and has just had her second litter.

One of the puppies from her first litter is currently being trained as a hearing dog in Edinburgh. There are currently 12 puppies in training in the Edinburgh satellite.

Jessica McCraw



Dates to remember

Monday 15th April 6.30pm
Envelope Stuffing in Cafe

Saturday 11th May 10am
Coffee, Raffle & Sale in Cafe

Donations for the Coffee, Raffle and Sale can be handed in on Friday evening from 7 - 8pm or on Saturday morning.

Our House-to-House collection will take place from 12th May.

Book sales will take place at:

St Andrews & St Georges from 11th-17th May 10am-3.30pm
Morningside United Church from 11th - 18th May 10am - 5pm

The following article can be viewed on www.christianaid.org.uk/about-us/our-aims/introducing-our-global-strategy

CHRISTIAN AID GLOBAL STRATEGY 2019 - 2016

By Amanda Mukwashi CEO Christian Aid

Christian Aid is on a journey.

It's a journey to build a world free from poverty and need.

We stand together for a world built on **LOVE, DIGNITY, EQUALITY & JUSTICE**. Our work is focused on 3 pillars; Poverty, Power and Prophetic Voice.

We work with some of the poorest of the poor in some of the hardest to reach places across the world.

We collaborate with nearly 500 partner organisations in more than 30 countries to deliver life-saving programs. Extreme poverty robs people of their dignity and denies them their rights. It renders them powerless, unrepresented and vulnerable to abuse.

In Latin America we are helping cocoa farmers and honey producers to adapt to climate change and build their yields giving them the chance to take control over their financial futures.

When emergencies take place we are there.

Violence in countries like Myanmar and Nigeria has displaced hundreds of thousands of people. With our partners we provide food, clothing and medical care to those most affected by insurgency and political violence.

When natural disasters strike in countries like Haiti and the Philippines our partners and our local teams are among the first on the ground to provide emergency relief and support.

We believe that poverty is political.

We fight to help people gain that power and reclaim their dignity.

Our program in Ethiopia, in Burkina Faso and Malawi have helped women set up their own business, making them financially independent and giving them a greater say in society. And in every district in Sierra Leone we help local people claim their rights, better services such as access to water, healthcare and education.

Christian Aid works with those who have been silenced to find their voices.

We stand together with people living in despair to speak out against injustice.

We create and are part of global movements of people who will speak truth to power. Global movements of people and communities who can secure the changes that are needed. And together our voices will be heard. We are working tirelessly to make sure that development is sustainable and is not at the expense of the most vulnerable people in our communities.

Our work at Christian Aid has never been more important or necessary so join us now as we stand together to help people live life in its fullness.

We believe the almighty power of people can make a world which dignity, equality and justice is experienced by everyone.

And Finally.....

Simnel cakes have been known since at least medieval times. Bread regulations of the time suggest they were boiled and then baked, a technique which led to an invention myth, in circulation from at least 1745 until the 1930s, whereby a mythical couple, Simon and Nelly, fall out over making a Simnel. One wished to boil it, one to bake it and, after beating each other with various household implements, they compromised on one which uses both cooking techniques.



Simnel cakes are often associated with Mothering Sunday, also known as Simnel-Sunday. According to historian Ronald Hutton, in 17th Century Gloucestershire and Worcestershire the custom of live-in apprentices and domestic servants going home to visit their mothers on Mothering Sunday started, checking that their families were well and taking food or money if needed. This was a time of year when food stocks were low, and the high-calorie Simnel cake was useful nutrition. The cake later became simply an Easter cake.

A lighter fruit cake recipe is used and a circle of marzipan is placed in the middle of the mixture with another layer placed on the top. The top layer is crimped and balls of marzipan are placed around the top and then the cake is placed under the grill to lightly brown the marzipan.

Conventionally eleven, or occasionally twelve, marzipan balls are used to decorate the cake, with a story that the balls represent the twelve apostles, minus Judas or Jesus and the twelve apostles, minus Judas. It can also be decorated with a circle of spring flowers

WHO'S WHO @ MARCHMONT ST GILES'

Minister email	Rev Dr Karen K Campbell kkcampbell@churchofscotland.org.uk	447 2834
Session Clerk email	Mr Ian Moss sessionclerk@marchmontstgiles.org.uk	662 9293
Children & Family email	Mrs Bettina Hather family@marchmontstgiles.org.uk	447 4359
Treasurer email	Mrs Jessica McCraw treasurer@marchmontstgiles.org.uk	667 4514
Organist & Choirmaster	Mr Robert Parsons	557 1257
Flowers email	Mrs Mhairi Wilson mhairi.m.wilson@gmail.com	445 1835
email	Mrs Shirley Farquhar sgfarquhar@yahoo.com	447 9558
Safeguarding email	Mrs Catriona Moss safeguarding@marchmontstgiles.org.uk	662 9293
Pastoral Care	Mrs June Wilson	447 7572
The Shuttle Editors email	Charles & Judith Stewart theshuttle@marchmontstgiles.org.uk	668 1970

Church Centre Booking Enquiries

**Church Centre Office
(Monday - Friday 9.00am - 1.00pm)**

Email : office@marchmontstgiles.org.uk

0131 447 4359

Marchmont St Giles' Parish, Church of Scotland
is a registered Scottish Charity SCO09338