

THE SHUTTLE

September/October 2018



1a Kilgraston Road, Edinburgh, EH9 2DW

Meeting Matters

Every Saturday

10 - 12pm Morning Coffee served by the Guild.

Every Tuesday

10.00 Prayers & Reflection South Transept

Every Wednesday

12.30 Butterflies Plus - Lunch for the Over 60s

September

- 9 9.50 Family Service
- 10.30 Morning Service
- 11 7.30 Guild - Welcome back and Tanya Anderson
- 16 9.50 Family Service
- 10.30 Morning Service
- 23 9.50 Family Service
- 10.30 Morning Service
- 25 7.30 Guild - Sailors' Society
- 30 9.50 Family Service
- 10.30 Sacrament of Holy Communion

October

- 3 9.30 Toddler Church
- 7 9.45 High-lites Teen Group
- 9.50 Family Service
- 10.30 Harvest service followed by Round Table Communion
- Contributions for the next issue of The Shuttle to be submitted by today**
- 8 7.30 Kirk Session
- 9 7.30 Guild - Sleep Scotland
- 15 9.50 Family Service
- 10.30 Morning Service

Front Cover

A famous quote by Alexander Graham Bell, a Scottish-born scientist, inventor, engineer, and innovator who is credited with inventing and patenting the first practical telephone. He also founded the American Telephone and Telegraph Company in 1885.

Reflections

In psalm 22, King David talks about the difference between people who are self-seeking and the difference between the people who seek the will of God. He talks about it in terms of doors. He says:

" I will place on his shoulder the key of the house of David; he shall open, and no one shall shut; he shall shut, and no one shall open."

Sometimes the shutting of a door, while an ending of one journey, can be a positive thing. Something is not so much ended as complete and we should celebrate that. While it might be frustrating that something we wanted to continue has come to an end, it might be for good and proper reasons and often in hindsight, we can see that it was for the best after all.

Conversely, when a door opens, it is both an opportunity and often a moment of uncertainty which induces nerves. The possibilities of what could be can sometimes overwhelm and worry us that we do the right thing, but for the writer of the psalms, the door opening was a gift of God to be embraced and trusted that it would be the right thing for all the right reasons and would bring blessing.

I was watching the Arizona funeral of Senator John McCain and found that I had my confidence restored in the leaders of America and the possibilities which are before us. The last year, the news from the corridors of power would have you believe that the door of American leadership had slammed firmly shut never to open to something of value and honour again. The bipartisan, warm, funny tributes full of honour and integrity signalled to the world that a new door was opening and the possibilities are full of quality and hope. If you didn't have a chance to watch it, it is on YouTube and celebrated the faith, love and commitment of a Christian man, who said the right thing and did the right thing. His politics may not have been to everyone's liking, but his friendship to so many different people, was without question.

Here in Marchmont St Giles' we begin the new cycle of the year with so many possibilities before us. After discussion Kate is seeking to stay at Marchmont St Giles' as our Reader. Once there has been a discussion with the Kirk Session about how her position will work,

and they are in agreement, the Presbytery will be invited to approve our proposal. As well as pastoral care and her involvement with worship, Kate and I propose that she will lead an initiative to plan for new ways and consolidate existing ways of supporting people who are isolated and lonely in the parish. If you have any thoughts about things you would like us to do, or indeed people we could support who are not in the congregation, I would be delighted to hear from you.

The Fundraisers have started their work and in the next few months it is hoped that there will be good news, which will bring us one step closer to the beginning of the Build. It feels like it has been a long time coming, but as the saying goes "everything in its season" seems to remind me of the last Build when we thought it would never happen, and then all of a sudden it felt like it not only began, but we were on a roller coaster of decision making and getting on with it.

The Bible Study will begin again on a Thursday at 12.30 in Mull and we will have 3 different topics before Christmas. The change of day and time has been a good thing. It has invigorated the discussion and the membership and the place change has also meant we are nearer where everyone is, which means more people are aware of what is going on in the Centre.

The Base Station is still in planning, although some engineers have been in the Bell tower in the last week or so. As with all of these kind of things, the plans and the reality don't always match up and they are currently trying to figure out the best way to get the equipment into the space and make it work. The end result will mean a significantly improved phone signal for the area as well as improved internet connection and so in the long run, the work which will have to occur to get the equipment up and running should be worth it. It will mean a little disruption at the front of the Church, but should have no adverse effect on the Sunday services. The upside of this will be the revenue which the Church will receive as a result of the equipment being there. This will mean that the work of the Church and the support that we can provide for so many people will be supported by this.

I look forward to the doors which will open as a result of the many activities we provide and the way that the people who are here

change the community by their presence. The next year will provide both opportunities and frustrations as we seek to live out our calling as God's people in this place, but together we can continue to be a blessing to this community and be blessed by the community, who value all that Marchmont St Giles' offers and the care that is built within our intention of support for everyone in the parish.

Karen K Campbell

CHURCH FAMILY & PARISH NEWS

A musical date for your diary: Our own Mark McLeod (tenor) and Barbara Jones (mezzo) - nee Laing - will be giving a song recital again on Sunday 13th October, "St Giles at Six" at the Cathedral. Very highly recommended!

Best wishes to all our young men and women going to university for the first time or returning to continue their studies. Work hard and enjoy it - you are all stars!



We give thanks for the life and service of:

Rhoda Margaret Scott, a member of the congregation, who died on the 23rd July 2018.

Bill Branson, a friend of the congregation, who died on the 23rd August 2018.

Helping to make MSG tick

	<u>Flowers</u>	<u>Beadle</u>	<u>Coffee</u>
September 9 th	Mhairi Wilson	Andrew Noble	Ann McGhie
16 th	Judith Stewart	Charles Stewart	Liz Mack
23 rd	Joan Ellam	Jessica McCraw	June Wilson
30 th	Shirley Farquhar	Mike Affolter/ Anne Laing	Gillian Hoehnke

GUILD NEWS - One Journey, Many Roads

The Theme for 2018-2019 is "Seeking the way" and our Discussion topic for 2018-19 is "Unexpected journeys"

WELCOME BACK TO THE GUILD AND ALL WHO WANT TO COME ALONG ...

The new Guild year begins on **Tuesday 11th September, at 7.30pm** in the Church Centre, with a get-together to catch up on old friends and meet some new ones. We will be joined by Tanya Anderson, an "old" friend, and also Calamari Shamarri, who will be less familiar!

At the next meeting, on **25th September**, we will be hearing about the first of the two Projects we hope to raise money for this session, **The Sailors' Society**. (See below)

On **9th October**, we have a speaker from **Sleep Scotland**, which will catch the attention of anyone who has a child or young person in the family with problems with sleep.

All are warmly invited to ANY meeting that interests you, and will be most welcome.

And of course, from 1st September, if anyone feels the need for a cup of coffee either before or after going to pick up the paper or visit the shops any Saturday morning, drop into the Church Centre between 10 and 12 to the **Guild Saturday Morning Coffee** - We'd love to see you!

Please note that the Guild and its morning coffees are all-inclusive, gentlemen are welcome, and age is only a number, whether in single or even triple digits!.

Sailors' Society is an international Christian charity working in ports across the world. Their chaplains help seafarers and their families, with welfare and practical support. They visit ships in ports and talk with seafarers away from home for up to a year at a time: they help them get in touch with loved ones and access medical treatment; liaise with frightened families when their family members are kidnapped or imprisoned through no fault of their own. They provide grants to bring hope and security to seafaring communities.

Fundraising & Development News



There is so much good news regards our fundraising efforts over the summer months and still lots more to happen. Our ongoing total from the Meadows Festival is sitting at approx £900 with one big item still to be auctioned.

The summer lunch, which was very successful, raised £400 after costs and it is hoped to hold another one later in the year.

At the time of printing, the Cafe has raised over £600 by selling home-made goodies and plans are already in place for items to sell at Christmas. If you have jam jars you no longer require then please bring them to the church centre as an influx of apples, pears and plums are expected and we need to start gathering jars.

The money-spinner in the Cafe is proving very popular with the children and, if truth be told, also with the adults

There is also a large sweetie jar in St Giles on a Sunday morning to help you divest your change and donations and preserve your trouser pockets and get rid of all those coins that stick in the corner of your purses.

Members of the congregation were given a packet of Smarties at the beginning of the summer holidays and asked to fill them with coins and hand them back at the end. We are in the middle of getting the filled packets back in and have been truly flabbergasted at your generosity. If you didn't get a Smartie tube then please ask for one.

The first in a series of meetings with Cornerstone, our professional fundraisers, will take place shortly when they will put forward their plan of action and outline their choice of funders to approach, in particular, Historic Scotland.

Next month we will look at how you can help us to raise awareness of our "My Donate" page and to add to the fundraising total through shopping with easyfundraising.org.uk and Amazon.

Family Focus September 2018

What a summer we've had! And not just the warm sunny weather outside!

Here at church we have met new families at Toddler Time and Holiday Club, got to know people better during coffee at 10am before the service and even had cymbals in the service recently (Praise Psalms and creativity the theme during the Festival!). Warm and sunny on the inside too!

Visual highlights below, but one or 2 of my personal highlights have been about warm sunny people. One of our new child friends, when asked what the best part of Holiday Club was, replied "Kate" (our Reader).



A Dad brought cakes to share at Toddler Group ahead of returning to work to show his appreciation to the parents & carers at the group that have welcomed & supported him over the last year with his little one when he wasn't sure how it would be coming to a new group.

Those connections may not have happened if the responses had been different. Those warm sunny characters also needed to be genuine and reliable, not just a smile without thoughtful interest. I think those connections also developed because there was mutual sharing of experiences, whether painting tea-light holders together at Holiday Club or playing with toddlers on Thursday mornings.

As we head into to the new season here at church I feel inspired by those connections to encourage our groups of children and young people to bring connections into sharper focus. We are so blessed to have dedicated and faithful folk to lead and help with our groups and they are so much appreciated by our young people. All of these connections can make a big difference.



Holiday Club round-up.

'Base Station : U' went with a flourish and flash; exploring our senses through Bible stories with a little help from 'Desmond' the shrinking machine and the professors in The Lab.

We made tea light holders scented candles, cakes, graffiti and mess! We played Human Hungry Hippos (on skateboards) and completed the daily challenge: guess the smell/ sound etc and also found out about characters from the Bible.

We loved meeting new friends and getting to know familiar ones both Team and children.

Thank you to Rev Bryan Kerr from Greyfriars Kirk, Lanark for giving us permission to use his material and the backdrops!

This season we are using a resource called 'Spill the Beans' in our Sunday groups. Spilling the beans about our faith but I hope ourselves too. We are introducing 'The Hot Spot' each week, where the young folk get to quiz a willing team member about themselves, things we may not know or how they come to be here on a Sunday. I hope to also have a slot for youngsters to prepare something either demonstrate the craft, explain an experiment, tell the story or lead a song playing their instrument.

We look forward to spilling the beans about how this is going!

Advance dates & events:

Wednesday, 3rd October Toddler Church (1st Wednesdays)
9.30am to 10am

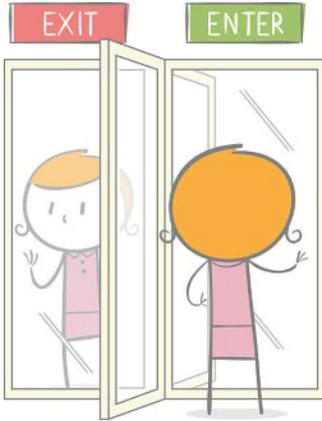
Sunday, 7th October High-lites (monthly teen group)
9.45 to 10.25am

Saturday, 3rd November Kids Club (primary aged children)
3pm to 4.30pm

Here's to next year!

Bettina

Doors Open and Doors Close



Life at Marchmont St Giles' has been a bit like revolving doors recently with people coming and going. As many of you know, Astra Foster, our fabulous Administrator, is moving to Granttown on Spey where she very unexpectedly bought a Guest House called Parkburn. We wish Astra every happiness in her new venture and on behalf of everyone she was presented with a classic print of Edinburgh by Ken Lochhead. This has left a big gap in the office but we are delighted to welcome Carey (Care with a y!) Mills to take the chair. Carey has worked for John Lewis' for

35 years and is ready for a change and a challenge. So come and say hello to our newest member of staff next time you are in the church centre.

We have also welcomed Louise Purden who has come to us for a 5 week placement before going on to do her probationary period at St John's & Kings Park Church in Dalkeith. We wish Louise every success in the next stage of her journey.

Many of you know Kate Jackson, our Reader, who had come to us for a few months and has agreed to stay on a bit longer. Kate is busy working on the Butterfly Project, along with Sue Wilson and others, with plans to help reduce isolation and loneliness for vulnerable people in the community.

Dave Alexander, our church officer, now only works 4 days a week and Gregor, who has the huge job of cleaning our well used premises, has agreed to work part-time as our second church officer on a Friday and Saturday mainly and will provide cover when Dave is on holiday.

Year of the Young People

As the Year of the Young people continues here are two different examples of what young people are up to in church life.

The first one is in the "big" church; most people have heard of Crossreach Children and Family Services, the social care arm of the Church of Scotland. The latest edition of Crossreach News has been written and edited by young people. They interviewed the Chief Executive, visited projects run by Crossreach, ran a photography competition and provided many insightful ideas and thoughts about themselves and others who benefit from the work Crossreach does throughout Scotland. A very professional job and copies are available in the church centre.

The other example is closer to home. During the summer months, with help of a grant of £500 from 121, Marchmont St Giles' took on an intern to help us with our social media presence. Fenton Reid was chosen from a very high calibre of interviewees and came to us for six weeks to revamp our website and run an IT cafe for anyone who needed help with their phones, etc.

No-one had any idea how this would go but to our delight Fenton had to set up an appointment list as several people came to seek his advice. It was felt that this was an unmet need in the local community and as one person commented " It's good that the church is doing this because you can trust them to do it right". The result is that the Minister, who has been in contact with "Tap Into It", has also been in touch with the local High School to see if any senior students would come and help out as part of their voluntary commitments to the the local community thus allowing us to continue to offer this resource.

Fenton also revamped our website (www.marchmontstgiles.org.uk) and showed us all how to edit our own pages eg Guild, Family, Cafe as the upkeep of the website is a full-on job for one person. If anyone is interested in helping with website then Charles Stewart, the Communication Convenor, would be DELIGHTED to hear from you.

Fenton has returned to University but has promised to keep in touch and we wish him a healthy and happy year ahead.

AROUND THE AISLES

Butterflies Cafe is back in full swing with most of the classes up and running. We are delighted to have Euan and Kirsty, who are starting their gold level of the Duke of Edinburgh Achievement Award, back with us this term and really appreciate younger legs on a Friday afternoon. The Cafe has also received a very generous donation from the Grange Association which will be used to provide special mugs and cutlery amongst other things for some of our more vulnerable groups. We are very appreciative of this donation to allow us to improve our resources. Production of lots of home-made goodies by staff and volunteers - to sell in aid of the Development - is in top gear and we aim to have a selection available most weeks.

Butterflies Plus started back with a bang and we are very keen to increase the numbers who come to lunch. Due to the increase in costs over the last few years, it was decided to raise the price to £4 for one course and £6 for two courses.

Recycling Bins have been provided in the kitchen and Cafe area to encourage people to help us in reducing our impact on the environment. With the advent of food recycling in particular, the Cafe has reduced the number of landfill bags from 5/6 per week down to 1/2. Please help us to reduce our carbon footprint by recycling as much as we can and make sure that you put your items in the right bin - it's not a lot of fun removing nonfood items from the food waste bins!

The second **Wine Fair** held in conjunction with Cork and Cask was another huge success with the church centre in "grown up" mode. Chris, who organised the event said, 'We are extremely grateful to Butterflies Cafe and Marchmont St Giles for providing such a wonderful venue for our annual Wine Fair. The venue gave us an airy, spacious setting which was ideal for our 110 attendees and it suited the event perfectly. Canapes were provided throughout the day and as usual were very much enjoyed by the guests! We cannot recommend the venue more highly and we will certainly be back for any future events that we host'

The Shuttle is your church magazine and the Editors would be delighted to receive articles, comments, etc from you. Other church magazines are being studied and it is hope to present a couple of different styles/options to the October session meeting. In the meantime, please tell us what you would like to see in it. Next month's issue will have a book review by Kate Jackson on Fire Road: A Memoir of Hope by Kim Phuc Phan Thi .

Thank you very much, thank you very very much.....
....to all of you who helped the Church Officer during the summer period - Dave was very grateful to all of you.

....to all of you who support Richmond Craigmillar so generously. Our Harvest offerings will be going to this very deserving cause and they would really appreciate tinned and dried goods, nappies and pet food. Items can be handed into the Cafe or Office during the week as well as on Sunday.

....to all of you who already volunteer on a regular basis. There are lots of areas where more help is needed and if you would like to volunteer then the minister would be delighted to hear from you. Please consider helping in some way as those who do are doing more and more with fewer and fewer numbers.. You don't have to be a member of the congregation to help so if you know of anyone who would like to come and be part of the church family please encourage them to get in touch.

Harvest Thanksgiving is on Sunday 7th October and the service will be followed by Round Table Communion.

The **Kirk Session** met recently to approve one item of business - fitting an electronic gear system to the front door of the centre to make it much easier to open the front door. The door has to be permanently pinned open to allow easy access for all our users, young and old, and this system will allow us to keep the door open on nice days and keep the heat in on colder days whilst giving easy access to all. It is important that our buildings are seen to be open and welcoming as it is a long path to walk up and then not be able to get inside.

Are you a keen knitter? It would be lovely to have a fall of knitted red poppies in the church to mark the centenary of the end of WW1 and the pattern for the poppies can be seen on the next page.

Pattern for Poppies for Remembrance

Use size 6 needles or 4.5 size.

Cast on 52 stitches in red wool and knit 8 rows of rib: 2 plain, 2 purl
Rows 9,10,11 Knit 2 together

Run darning needle through remaining stitches to draw up and sew the seam.

Add dark button or circle of felt in the centre. There are some dark buttons, all colours and sizes in the church office. (If you do the knit 2 together in black wool you don't need a button). They will probably be attached to netting so please attach a safety pin to help with this.



Can You Help?

Our own Nadine Thomas is asking for your help or anyone whom you know is in this position.

For my PhD I am looking at how support packages are designed to meet the needs of carers of older people (e.g. those who care for a spouse or a parent).

A new survey launched by the University of Stirling looks at what carers look for in replacement care and the types of support they value. If you care for someone over the age of 55 (no matter how big or small your caring role is), we are extremely grateful to hear your views. The survey

takes approximately 10 minutes. Please follow this link:

<https://carerschoices.sawtoothsoftware.com/login.html>

We'd like to hear from you if you have any questions about the research, or would like to receive a paper copy of the survey.

nadine.thomas@stir.ac.uk 01786 466 682

*The survey will be open until 1st October 2018 and findings published on the ementia Services Development Centre website in January 2019: **<http://dementia.stir.ac.uk>***

And finally.....

The Bank Loan

A frog goes into a bank and approaches the teller. He can see from her nameplate that her name is Patricia Whack.

"Ms. Whack, I'd like to get a \$30,000 loan to take a holiday."

Patty looks at the frog in disbelief and asks his name. The frog says his name is Kermit Jagger, his dad is Mick Jagger, and that it's okay, he knows the bank manager.

Patty explains that he will need to secure the loan with some collateral.

The frog says, "Sure. I have this.", and produces a tiny porcelain elephant, about an inch tall, bright pink and perfectly formed.

Very confused, Patty explains that she'll have to consult with the bank manager, and disappears into a back office.

She finds the manager and says, "There's a frog called Kermit Jagger out there, who claims to know you and wants to borrow \$30,000. And he wants to use THIS as collateral."

She holds up the tiny pink elephant. "I mean, what in the world is this?"

The bank manager looks back at her and says.....

"It's a knickknack, Patty Whack. Give the frog a loan. His old man's a Rolling Stone."

(You sang it, didn't you?)

Share this story and brighten someone's day!

MARCHMONT ST GILES' PARISH CHURCH

Minister	Rev Dr Karen K Campbell	447 2834
email	kkcampbell@churchofscotland.org.uk	
Session Clerk	Mr Ian Moss	662 9293
email	sessionclerk@marchmontstgiles.org.uk	
Children & Family	Mrs Bettina Hather	447 4359
email	family@marchmontstgiles.org.uk	
Treasurer	Mrs Jessica McCraw	667 4514
email	treasurer@marchmontstgiles.org.uk	
Organist & Choirmaster	Mr Robert Parsons	557 1257
Flowers	Mrs Mhairi Wilson	445 1835
email	mhairi.m.wilson@gmail.com	
	Mrs Shirley Farquhar	447 9958
email	sgfarquhar@yahoo.com	
Safeguarding	Mrs Catriona Moss	662 9293
email	safeguarding@marchmontstgiles.org.uk	
Pastoral Care	Mrs June Wilson	447 7572
The Shuttle Editors	Charles & Judith Stewart	668 1970
email	theshuttle@marchmontstgiles.org.uk	

Church Centre Booking Enquiries

**Church Centre Office
(Monday - Friday 9.00am - 1.00pm)**

Email : office@marchmontstgiles.org.uk

0131 447 4359

Marchmont St Giles' Parish, Church of Scotland
is a registered Scottish Charity SCO09338