# THE SHUTTLE

## February/March 2018

"This is a new year. A new beginning. And things will change"

Taylor Swift



#### **Meeting Matters**

#### **Every Saturday**

10 - 12pm Morning Coffee (Except 17 February)

#### **Every Tuesday**

10.00 Prayers & Reflection South Transept

#### **Every Wednesday**

12.30 Butterflies Plus - Lunch for the Over 60s

#### February

- 11 9.50 Family Service
  - 10.30 Morning Service
- 13 14.30 Guild on 'Life in Chile' John Graham, St Giles Room.
- 18 9.50 Family Service
  - 10.30 Morning Service
- 19 20.00 Business Committee Reports to Session Clerk
- 25 9.50 Family Service
  - 10.30 Morning Service
- 28 18.30 Induction of Rev Teri Peterson to St John's, Gourock (see page 12)

#### March

- 4 9.50 Family Service
  - 10.30 Morning Service

Contributions for the next issue of The Shuttle to be submitted by today

- 6 19.30 Guild "Breaking the cycle of FGM" Project Update
- 11 9.50 Family Service
  - 10.30 Morning Service
- 18 9.50 Family Service
  - 10.30 Morning Service
- 19 19.30 Kirk Session

#### Reflections

Those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint. Isaiah 40:31

Eagles are fascinating and awe inspiring birds. Eagles make their nests on high, solitary trees, in valleys and far from the maddening crowds. They move strong branches to build the base of the nest and add to it with smaller limbs and twigs. Grass and moss line the nest and finally they cushion it with their own feathers. When the chicks are almost ready to fly, one parent pushes them to the edge, takes one more step and allows them to fall through the air. As they fall, they begin to spread their wings; and before they reach the ground, the other parent catches the eaglet on their back and "mounts up with wings" to the nest.

It is important to know this ritual if we are to have some insight into Isaiah 40:31. The other passage from the Old Testament, which requires similar understanding, is Exodus 19:4

"You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself"

Exodus calls us to rejoice in God's care for his people, while Isaiah takes it further by encouraging us to be part of the action of God, by also being like the eagle.

The "lifting up" of the eagles is the same word and thing which Jesus gifts to Peter's mother-in-law, and others when he heals them, including the paralysed man who is lifted down through the roof and the boy who is healed at the time of the Transfiguration. All are healed; and all are "lifted up".

The story of Peter's mother-in-law has been used by the powerful to suggest that the only reason Peter's mother-in-law was healed, was to serve men. Many sermons have attempted to justify this. Similar sermons have gone further to say that women have no place in the pulpit and to validate the complimentary nature of

women to men's authority. In a similar vein, those in power have also attempted to be in control of other types of groups, in this way.

The story of Peter's mother-in-law is not a feminist issue; it is a human issue. The truth of the Gospel is that it does not allow abuse or subjugation.

Peter's mother-in-law's service is the same word as is used when Jesus is in the desert being ministered to by the angels. She has a ministry and she does not serve because she has to or because that's her supposed place. She serves because that is her calling as a disciple. It touches her entire life: her health, her relationships, the love which fills her heart; it is about the restoration of dignity.

After Jesus healed her, the day was not at an end. Jesus still had more healing, more people, more life, more service. And so he left, to pray and to rest, and then to look to the future, and more people, more life, more service, more people to raise up, to heal, to bring back to community and to lead to a sense of the Divine in their lives.

Let our prayer be, that we may be part of Christ's mission to help lift people up and give thanks when we are lifted up. And when things are tough, let us remember Albert Schweitzer's words:

"I don't know what your destiny will be, but one thing I know: the only ones among you who will be really happy are those who have sought and found how to serve."

So, perhaps we can be like the eagle, or the angels, or just a human being.

## Karen K Campbell

#### **CHURCH FAMILY & PARISH NEWS**



#### We give thanks for the life and service of:

Bett Gordon, a member of the congregation, who died on the  $10^{\text{th}}$  December 2017.

Stewart Munro, proprietor and local institution of Marchmont Hardware, who died on 18<sup>th</sup> January, 2018, Fred Landels, a friend of the congregation, who died on the 26<sup>th</sup> January 2018.

Recently we said "Farewell" to our Administrator, Sue Undy, who has asked us to send this message to everyone.

"Thank you for the kind words, best wishes and gifts that I received from colleagues, members of the congregation and centre users in the run up to my departure from the post of administrator at Marchmont St Giles'. It has been an interesting three years and I have enjoyed many individual and group conversations with a wide number of people.

We are now preparing to move on to our next "adventure". This starts with three months travelling around Greece, Italy and France mainly by train, bus and ferry, as my husband Trevor takes a sabbatical, looking at the letters of St Paul and some of the places he wrote to, writing for his doctoral thesis, while I enjoy sipping coffee, and watching the world go by. After this we move to North Shields, just to the east of Newcastle-upon-Tyne, and on to new things."

#### Helping to make Marchmont St Giles' tick

	Flower Arrangers	Beadle	Coffee
Febr	uary		
11	Shirley Farquhar	Andrew Noble	Jessica McCraw
18	Joan Ellam	Mike Affolter/Anne Laing	Charles Stewart
25	Mhairi Wilson	Jessica McCraw	Helen Bennett
Marc			
4	Dianne Beattie	Charles Stewart	Gilian Hoenke
11	Ann Arthur	Andrew Noble	Carol Byers
18	Mhairi Wilson	Mike Affolter/Anne Laing	
25	Judith Stewart	Jessica McCraw	

#### **GUILD 2018 NEWS**

The Guild enjoyed its afternoon meeting in January, learning from Simon Fairnie a great deal about the life in past years of fisherwomen in Musselburgh/Fisherrow.

Our next meeting of 2018 is another afternoon one in the St. Giles room, at 2.30, on February 13th, when our speaker will be John Graham on life in Chile. Do come along!

As for the Saturday Morning coffees, they continue to provide a chance for a chat and an opportunity to meet up with some of the parents and grandparents who have brought lively little ones to Tumble Tots and Monkey Music. PLEASE NOTE, there will be one week off - NO COFFEE ON SATURDAY 17th FEBRUARY.

Then on March 6th, a speaker from Feed the Minds will describe to us the progress that is being made in Kenya on the Guild Project "Breaking the cycle of FGM" (Female Genital Mutilation), with workshops and community forums helping to enlighten families and discourage the practice.

Book Café
for Scottish Love in Action
Saturday 3rd March
10.30-2.30
George Watson's College,
69-71 Colinton Road, EH10 5EG
Get a warm glow
browsing books for sale
with soup and coffee
Tickets £7.50
(Children £5, under 7 free)
To include 2 books, soup and bread
(coffee or tea extra)



# Needing some extra help at home

As with every other stage in life, when we grow older we all have different abilities and needs. Recognising this, Home Instead offers a broad range of services which we tailor to the individual requirements of each of our clients.

We value companionship and helping our clients to stay connected to the communities in which they live as highly as the task based aspects of care. This is particularly true of people living with dementia and other forms of memory loss, who may have few personal care needs, but do require specialist support to maintain their quality of life, safe and secure in their own homes.

Prospective clients contact us directly to discuss their needs, often after hearing about us from other health and social care professionals. Sometimes clients use us to top-up a care package they receive from social services; sometimes they prefer us to do everything. Our clients pay for their services using a combination of their own funds, allowances, benefits and direct payments.

All our CAREGivers are recruited for their caring and compassionate natures. This combined with our in-house training programme (including our City & Guilds accredited Dementia CARE Training Programme) gives them the skills and confidence they need to support their clients successfully. When we match a client to a suitable CAREGiver, we introduce them in person; ensure they will be consistently supported by the same person and make sure they have enough time to develop a mutually rewarding relationship.

If you feel that we could help you or your family, please get in touch, we are here to help.

Home Instead Senior Care Castlebrae Business Centre Peffer Place, Edinburgh EH16 4BB 0131 300 0599 www.homeinstead.co.uk/edinburgh



## We are recruiting



Bear Grylls : Chief Scout

### Join the adventure

44<sup>th</sup> Braid Cub Scout Pack for boys and girls aged 8 to 10.5 years Monday 6.15 - 7.30 pm Marchmont St Giles' Church

All enquiries: 44thbraidcubs@gmail.com

#### Family Focus: Wings and Running Shoes.

#### The eagles are circling!

Sunday 4th February morning was a glorious buzz of energy, sharing, creativity and togetherness across the groups. Eagles in amany shapes, styles and sizes emerged as we explored **Isaiah 40: 21-31** in the service and Junior Church:



'Soar on wings like eagles, run and not grow weary, walk and not be faint'



Our Sunday groups vary in numbers, location and style at the moment as we try to find a pattern that accommodates a wide age range, unpredictable attendance and leader availability.

I hope we can move forward in a format that is engaging and workable especially to meet the needs of the older primary aged young people. This may not always be on Sunday morning, so do bear this in mind if you feel called to investigate if volunteering with our children & young people team is for you.

Wings and running shoes come with the role!

#### The Year of Young People (see following pages )

As part of this we will be looking at how to include young people more in the day to day work and worship of the Church family; perhaps via volunteering with the Guild coffee mornings, coffee or readers rota's, welcoming or helping the beadles. Our young singers have enjoyed themselves and been appreciated in recent months too.

In order to offer as many opportunities for connecting with children and young people as possible we also need volunteers to help behind the scenes and front line with various ages, tasks and projects. If you feel called to explore this area of service in the Church or community groups do get in touch with myself or Karen as a first point of contact. The Church of Scotland Safeguarding protocols apply.

#### **Looking forward to Lent:**

We will be using **Lent- themed resources during February and March** for Junior Church and other groups.

We are also aiming to have a **Saturday family 'Wild Lent'** event in March. Details TBC



Launch of new Teen Group. (High school)

Sunday, March 4th 2018, 10 to 10.30 am @ MSG Cafe

Seeks title and direction. Offering pastries, chat with a hint of God.

To meet monthly on 1st Sundays. More details from Bettina

#### For our prayers:

Give thanks for all the people that care for, help, support and nurture the children and young people in our families, communities and churches. For refreshment, patience and strength.

#### **Bettina**

Over the next year, the Shuttle will be looking at different groups of young people who are part of our Church Family in line with the Year of Young People.

This month we want to highlight a wonderful group of young people in our uniformed organisations and this is an ideal opportunity to commend our Venture Scouts who helped with the Burns Supper recently.

They are an enthusiastic, funny, caring and interesting bunch of young men and women who are always willing to help MSG in any way they can be it delivering Christian Aid envelopes, taking part in services or mashing neep'n'tatties (vigorously!).

The Leaders of these Scouts are committed to bringing out the best in their charges and a sign of their success is the increase in numbers from 40 to 60 names on their books and a regular attendance of over 40 on any given week.

It is a privilege to work with them and we wish them every success for the future.

#### The Year of Young People 2018.

On Sunday 28th January, we marked the launch of 'Year of Young People 2018' in our quarterly Communion service. Children and young people took part in this service as Readers and helping to serve communion.

Romans 12:4-8 'For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others. We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; if it is serving, then serve; if it is teaching, then teach; if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.'

As a whole congregation, we reflected on each of our gifts and the ways we can play our part within our church and community whatever our age or stage of life.

It is our way of marking our continuing commitment to the children, young people and families in our Church and community; the many groups and organisations, schools, nurseries, clubs and families that we host, meet and work with in our community and Church.

The Rt Revd Dr Derek Browning, the Moderator of the General Assembly of the Church of Scotland, is encouraging all churches to engage with the Year of Young People, which is a special focus for both the Church of Scotland and the Scotlish Government in 2018.

Our aim is to explore new ways to involve and recognise children and young people within the life of the church and foster a renewed focus on, and celebration of, children and young people in our churches and communities.

More information about the Church of Scotland initiatives can be found at

http://www.churchofscotland.org.uk/resources/children\_and\_yout h/year\_of\_young\_people

and, of course, watch this space for upcoming events and ongoing projects at Marchmont St Giles'.

# AROUND THE AISLES

**Christmas Gifts to Craigmillar** We have received grateful thanks from the schools in Craigmillar who received our donations of gifts to distribute to their pupils at Christmas. **For some children it was their only present.** 

**Rev Teri Peterson,** who has been with us on a familiarisation programme to get to know the ways of the Church of Scotland over the last few months, has been called as Minister of St John's Church in Gourock. Her induction will take place on Wednesday 28<sup>th</sup> February at St Johns and we plan to hire a bus to go through to Gourock. If you wish to come on the bus, please put your name on the list in the office on weekdays and the cafe area on Sundays. We wish Teri every success in her ministry.

**General Data Protection Regulation** comes into effect in May this year with the intention that personal data held by organisations is held in a safe and compliant manner.

As an organisation which holds personal information Marchmont St Giles has a legal duty to ensure that we do all we can to ensure the security of that information. A Data Protection Act has been in place for a number of years and while we have worked within the provisions of that legislation, the new Regulation is an extension of that process. In the coming weeks we will receive guidance on this legislation to ensure our ongoing compliance. Each of us individually will be required to respond to a survey in April relative to Data Protection and use of Personal Data. More information will appear in the next issues of The Shuttle.

**Butterflies Plus** will be serving a Valentine's Lunch on Wednesday 14<sup>th</sup> February. It continues each week to provide a light lunch for the Over 60s. Please let friends and neighbours know about the facility as well as the day to day availability of Butterflies Cafe for snacks, teas and coffees. Monday to Friday 10am to 4pm.

**Kirk Session:**  $19^{th}$  March - Elders please note the change of date for the March meeting.

**Going Greener** As we have all become more accustomed to segregating our refuse into landfill and recyclable, dispensing with over-use of plastic containers and straws, our next target set by the Government is to ensure that food waste does not go into Landfill from 2020, so it would be good practice now to get into the habit of separating food waste into the red food waste bin in the kitchen in readiness for this latest change.

**The Lent Study Group** will start on Thursday  $22^{nd}$  February at 12.30 in Mull for 5 weeks. We will be using "LIVE LENT - Let your Light Shine" (£2.50) and isavailable from the Church Office

**Prayers and Sermon** in response to several requests, printed copies of the Prayers and Sermon will be available before each service. If you wish a copy then please ask the Stewards on duty.

**The Community Police** will be holding their monthly surgery in Butterflies on Wednesday 28<sup>th</sup> February. They would be delighted to see you if you have any queries or concerns which they can help you with at Butterflies Cafe 11am to 1pm.

#### The Window Detective

Mr Ian Lees and Consider the Lilies

Just as we finished the last issue if The Shuttle we had an approach from Graham Glen, a grandson of the designer of the 'Consider the Lilies' window in the church, this led to a visit from Ian Lees, a volunteer photo-archivist for Scotland's Churches Trust (SCT) as well as a member of SSGT, who travelled up from the Borders last month to take photographs of the window. That task, like Topsie, 'growed and growed' - some 900 images later we have a fabulous archive of our stained glass and more detail as to the history of some of them. Ian has worked with the Scottish Stained Glass Trust for some time and is now compiling a series of article for their magazine on his latest researches which may involve our some of fine Victorian and Edwardian glass.

We are grateful to Graham for initiating the enquiry and to Ian for his sterling work in taking the photographs.

Look out in future issues of The Shuttle for more information.

#### **Fundraising & Development News**

We held a very successful Burns Supper on Saturday 20th January attended by 55 Burns enthusiasts. Special thanks are due to Judith for a super traditional Burns meal, to the Explorer Scouts for serving us with great aplomb, particularly Cameron Harpur for piping us and the haggis in and playing a lament at the end of the Immortal Memory.

We were blessed with excellent speakers in Karen for the traditional Selkirk Grace, Sandy Wake for a valiant attempt at repeating (unsuccessfully) the Address to a Haggis from memory, Ken Ballantine for a memorable Immortal Memory. Bruce Anderson (our former Session Clerk) who travelled down from Dunblane to "Toast the Lasses" with a great deal of humour and not least to our Associate Minister Teri Peterson, attending her first ever Burns Supper who responded with a great deal of banter.

Approximately £400 was raised for our development fund and a very good evening was had by all!

As soon as we are advised that we have been granted full planning permission for our proposals, Cornerstone will start the applications for funding on our behalf. In the meantime we are applying to all the local supermarket chains for grants from their Community Grant Funds.

Look out for more news in the next issue of The Shuttle about how you can support our work and our future plans - At The Heart of the Community.

Glen Wade, our new Architect from DRD, and the Development Committee are busy preparing to get on with the Building Warrant which will then allow the QS to prepare the Tender documents.



#### And finally.....

One night four college students were out partying late night and didn't study for the test which was scheduled for the next day. In the morning, they thought of a plan.

They made themselves look dirty with grease and dirt. Then they went to the Dean and said they had gone out to a wedding last night and on their way back the tyre of their car burst and they had to push the car all the way back. So they were in no condition to take the test.

The Dean thought for a minute and said they can have the re-test after 3 days. They thanked him and said they will be ready by that time.

On the third day, they appeared before the Dean. The Dean said that as this was a Special Condition Test, all four were required to sit in separate classrooms for the test. They all agreed as they had prepared well in the last 3 days.

The Test consisted of only 2 questions with the total of 100 Points.

1) Your Name	(1 Points)
2) Which tyre burst?	(99 Points)
Options – (a) Front Left	(b) Front Right
(c) Back Left	(d) Back Right

#### Moral:

Be Responsible else you too will learn your lesson!

#### **MARCHMONT ST GILES' PARISH CHURCH**

<b>Minister</b> email	Rev Dr Karen K Campbell kkcampbell@churchofscotland.org.uk	447 2834
Session Clerk email	Mr Ian Moss sessionclerk@marchmontstgiles.org.uk	662 9293
Children & Family email	Mrs Bettina Hather family@marchmontstgiles.org.uk	447 4359
<b>Treasurer</b> email	Mrs Jessica McCraw treasurer@marchmontstgiles.org.uk	667 4514
Organist & Choirmaster	Mr Robert Parsons	557 1257
Flowers	Mrs Mhairi Wilson	445 1835
email	mhairi.m.wilson@gmail.com Mrs Shirley Farquhar	447 9958
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Safeguarding email	Mrs Catriona Moss safeguarding@marchmontstgiles.org.uk	662 9293
<b>Pastoral Care</b>	Mrs June Wilson	447 7572
The Shuttle Editor email	s Charles & Judith Stewart theshuttle@marchmontstgiles.org.uk	668 1970

#### **Church Centre Booking Enquiries**

Church Centre Office (Monday - Friday 9.00am - 1.00pm)

Email: office@marchmontstgiles.org.uk

0131 447 4359

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