
A WARM WELCOME

to

Marchmont St Giles' Parish Church Centre

1a Kilgraston Road Edinburgh, EH9 2DW



A guide to weekly activities at the Centre

**“As part of God’s family, we are open to all.
We seek to share God’s love in worship,
welcome, fellowship and service.”**

We believe that the Church is for everyone

www.marchmontstgiles.org.uk

Marchmont St. Giles' Church Centre



Contacts

The Minister	Rev Dr Karen Campbell	447 2834
Family & Children	Bettina Hather	447 4359
Session Clerk	Ian Moss	662 9293
Church Office	Administrator	447 4359
The Choir	Robert Parsons	557 1257

Sunday

Early Morning Family Service
The Morning Service

9.50 am
10.30 am

After the Service

Coffee every Sunday in the Café

The congregation is committed to Christian outreach and to sharing God's love with all people.

Amongst other charities we support:

Christian Aid - FreshStart - Mary's Meals - Blythswood Care -
The Mark Wright Project - Hearing Dogs for the Deaf - Place at the table
- Save the Children -

Other regular Church Activities

The Guild, Ladies Club, Butterflies Plus, Guild Coffee,
Bible study, Time for reflection.

If you would like to use the Church Centre, please contact the Church Administrator on 0131 447 4359 or email office@marchmontstgiles.org.uk
Office hours : Monday - Thursday 9.00 am - 1.00 pm .

A variety of organisations that use the centre are often looking for Volunteers to help with their activities. If you are interested in finding out more, please contact the office.

NB: Information in the leaflet was correct at the time of printing, please check details with the activity organiser. Activities have different term and holiday dates. Please contact the individual groups for details.

Monday

Well Baby drop in **10.15 am - 11.45 am** **Inchkeith/Inchgarvie**
A drop in session through NHS Lothian for parents & carers of babies under one year of age.

Contact: Health visiting Team, Bruntfield 0131 228 7507

Nicola's Art Classes **10.30am - 1.30pm** **Skye**
Botanical,floral & natural forms. Learn how to capture the beauty of the natural world through drawing & painting in a small friendly relaxed class. Suitable for all- from absolute beginners to the more experienced.
Contact: www.floralworks.co.uk or call Nicola on 07578 408 769

Manor School of Ballet **2.30 pm - 6.00 pm** **Church & Inchcolm**
Ballet, Jazz, & Tap classes for children between 2 ½ & 10 years old. From the age of 2 ½ for Ballet & from the age of 7 for the Jazz & Tap classes.
Contact: 0131 347 2570 www.manorschoolofballet.co.uk

Cubs **6.15 pm - 7.30 pm** **Inchcolm**
The Cub Scouts section is for young people aged 8 to 10.5 years old (both boys & girls). We encourage participation, personal development & most of all fun. Trips, camps & a range of badges /challenge awards are offered.
Contact: Email:85thbraidcubsstcrispins@gmail.com

Explorer Scouts **7.30 pm - 9.30 pm** **Inchcolm**
Meadows Explorer Scout Unit is a group of 14-18 yr olds (male & female) who enjoy camping, adventurous activities & challenging themselves.
Contact: Pash 07814 705114 meadowsexplorers@googlemail.com

PilatesPlus **7.30 pm - 8.30 pm** **Church**
A complete body work out which builds core strength, stamina and flexibility through low impact conditioning exercises
Contact: 0797 177 8962 talk@pilatesplusphysio.co.uk.

Tuesday

Marchmont Playgroup **9.30 am - 12.30 pm** **Inchcolm**
The playgroup operates on Tues, Weds & Thurs for children aged 2 ¼ to 4 years old. The children learn skills such as sharing & socialisation.
Contact: www.marchmontplaygroup.org.uk marchmontstgilespg@gmail.com

Time for Reflection **10.00 am - 10.30 am** **Church**
A time of quiet contemplation, a chance to share concerns. All welcome.

Streamlyne Pilates **10.00 am - 12.15 pm** **Skye**
Mat Classes are group classes, limited to ten people to allow the opportunity for individual attention and improved skill progression. Beginners 10-11am Improvers 11.15-12.15Intermediate level.
Contact: 07745 907 380 www.streamlyne.co.uk

Tuesday - *continued*

Singing4Fun

2.00 pm - 4.00 pm

Inchcolm

Community singing designed for those with Parkinson's, their carers, family, friends and anyone who wants to join in.

Contact: Cathie Quinn 0131 557 6438 cathie@edinburghparkinsons.org

Young Engineers

5.15pm - 6.30pm

Inchkeith/Inchgarvie

A LEGO Engineering club. Sessions are led by a professional engineer with children aged 7 to 10 building different LEGO models each week. Classes are educational with new topics explored across the term helping children develop their understanding of Science, Technology, Engineering and Maths (STEM). Book online.

Contact www.edinburgh.young-engineers.co.uk or 07731 657 775

Kinderlieder

4.15pm - 5.15pm

St Andrews

A German sensory music session with classic nursery rhymes & children songs, story telling and sensory play. A fun and interactive way to learn a new language.

Contact: Fran 0741175241

3Ms Youth Partnership 6.00 pm - 8.00 pm

Inchcolm

An evening of activities and conversation for young people.

Contact: Lucy Reddish tel: 0131 221 5800

The Guild (fortnightly) 7.30 pm

Inchkeith/Inchgarvie

A welcoming, friendly group, meeting to hear a variety of speakers, with worship, fundraising for projects(see Satmorning coffee).Open to all.

Contact: Eileen Dickson 0131 667 2265 or Muriel Anderson 0131 445 2658

Hatha Yoga Beginners 5.45pm - 6.45 pm

St. Giles

This is a great class to start your yoga journey! Yoga is not just about touching your toes. Hatha yoga is about investing in healthily maintained of your spine and spirit.

Contact: Gillian 079971 605433 or www.edinburghyogacoop.com

Hatha restorative yoga 7.00 - 8.00 pm

St Giles

Restorative yoga aims to achieve physical, mental & emotional relaxation with the aid of props. Many restorative yoga poses are similar to normal hatha yoga poses, except performed with the support of props.

Contact: Gillian 07971 605433 or www.edinburghyogaaclass.com

Pilatesplus

6.00 pm - 9.00 pm

Church

See Monday

Streamlyne Pilates

7.00 pm - 9.30 pm

Skye

Mat Classes are group classes, limited to 12 people to allow the opportunity for individual attention & improved skill progression. Intermediate.

Contact: 07745 907 380 www.streamlyne.co.uk

Wednesday

Marchmont Playgroup **9.30 am - 12.30 pm** **Inchcolm**
(See Tuesday)

Butterflies Plus **12.30 pm** **Inchkeith/Inchgarvie**
Weekly lunches for the "over 60's". Come along any Wednesday for good food and company. Please book in advance
Contact: June Wilson 0131 447 7572

Sing & Sign 'Babes' **1.15pm - 2.15pm** **St Andrews**
For babies from 2 to 7 months old. Baby signing can benefit any family with a baby or toddler. Our 'Babes' classes are a gentle class aiming to build the foundations for good communication. The class is relaxed, and a perfect place to begin your baby signing journey.
Contact: 0131 258 4536 www.singandsign.com

Highland Dancing **2.30pm -3.30pm** **Inchkeith/Inchgarvie**
Rosalie Millar School of Dancing - UKA Highland Dancing for children Age 3 upwards.
Contact rosalie.millar.dance@gmail.com 0131 445 1488

SJM Performance Academy **6.00pm - 9.00pm** **Church**
P1 - P4 : 5.00pm to 6.00pm, P5 - P7 : 6.00pm to 7.30pm and S1 - S4 : 7.30pm to 9.00pm Our Christmas show will be CINDERELLA (oh yes it is!)

Email hello@sjmcreative.com for full details

Beaver Scouts **6pm - 7pm** **Inchcolm Hall**
A BEAVER COLONY for children aged 6-8 years
Contact David Colley 0131 663 3757 www.scouts.org.uk

Kyudo **7pm - 9pm** **Inchcolm Hall**
The West of Scotland Kyudo Society is a private voluntary body established to promote Kyudo – the traditional art of the Japanese bow. It is open to all who have an interest in Japanese traditional culture & who wish to take on the challenge & demands that Kyudo has to offer.
Contact: westofscotlandkyudo.wordpress.com westofscotlandkyudo@gmail.com

Ladies' Club **7.45 pm - 9.45 pm** **Inchkeith/Inchgarvie**
Church group which meets for dancing, games, chat and outings such as walking in the summer; also helps with Church activities.
Contact: Frances Brown 0131 672 3329.

Thursday

Hatha restorative yoga **9.30 - 10.30 am** **St. Giles**
(See Tuesday)

Marchmont Playgroup **9.30 am - 12.30 pm** **Inchcolm**
(See Tuesday)

Thursday - Continued

Toddlers Group **10.00 am - 12 noon** **Inchkeith & Inchgarvie**

A group for children and parents/carers aged 0-5 (pre-school age).

Contact: Bettina (Family worker) 0131 447 4359

Bible Study **10.00 am - 10.30 am** **The Mull Room A**

group bible study & discussion. All welcome

Mini French **1.00pm - 2.30pm** **Inchkeith & Inchgarvie**

See Wednesday

Post-natal Pilates **2.00 pm - 4. 00 pm** **Inchcolm**

A great way to regain core strength and fitness post birth.

Contact: 0791778962 talk@pilatesplusphysio.co.uk.

Peacock Academy of Irish Dancing **4 pm - 5.30 pm** **Church**

Classes are for boys & girls aged 3 and up. Our classes cater for all abilities, whether you have been a dancer before or not, it doesn't matter.

Contact: 07525 171 425 www.irishdancingclasses.co.uk

Rainbows **6.00 pm - 7.00 pm** **Inchkeith/ Inchgarvie**

Girl guiding group for girls aged 5-7 that involves games & activities both indoor & outdoor.

Contact: Fiona Gray fegray@hotmail.co.uk

Brownies **6.15 pm - 7.30 pm** **Inchcolm**

Girl guiding group for girls aged 7-10 . Involves various activities including arts and crafts, games, cookery, parties, and visits.

Contact: Kirstin Leighton 07793862978 or email msg.brownies@yahoo.com

Friday

Monkey Music **9am - 12noon** **Inchkeith/Inchgarvie**

The popular award-winning pre school music classes with original music & quality percussion instruments, written how children learn best. Sessions for four age groups starting at just 3 months!

Contact: Abbey Smith 0131 229 4480 web: www.monkeymusic.com

Sing and Sign **10 am - 2.00 pm** **St Andrews'**

Helping babies and toddlers communicate before speech. Learn baby signing the easy way; through music, songs and fun!

Contact: 0131 258 4536 www.singandsign.com

Manor School of Ballet **2.30 pm - 7.15 pm** **Church and Inchcolm**

(See Monday)

Saturday

Tumble Tots

9.00 am - 2.00 pm

Inchcolm

Classes designed for children aged from walking to 2 years old, 2 to 3 years old, and 3 years old to school age.

Contact: Jo Letelier-Lobos at joletelier.lobos@virgin.net or 01875 819966.

The Guild Morning Coffee 10.00 am -12 noon

Cafe

Coffee and chat, open to all. Held every Saturday from September to June. Monies raised go towards Guild projects.

Contact Eileen Dickson 0131 667 2265 or Muriel Anderson 0131 445 2658

On going on various dates

Grange Association

Church

Meetings of The Grange Association are held throughout the Autumn and Spring, see posters on notice boards or web-site for more details .

Contact: www.grangeassociation.org or Hon Sec 0131 667 8027

NCT

Inchkeith/Inchgarvie

Join an NCT Signature antenatal course and we'll help you make the best choices and the best of friends. Also, NCT Introducing solids workshops give information to wean your baby onto solid food.

Contact: 0208 752 2481 www.nct.org.uk



Butterflies Café



*Tuesday, Wednesday & Thursday 10.00am to 4.00pm
Monday and Friday 10.00am to 5.00pm*

*Serving teas, coffees, soft drinks, light lunches,
Sandwiches, paninis, home baking,
and a special menu for "little caterpillars".*

also

*Butterflies Plus - Lunch for the Over 60s
Every Wednesday from 12.30 pm*



Early Service

(For families with young children)

@9.50am

Every Sunday

In the Church Centre



marchmont st giles

church of scotland

Marchmont St Giles' Parish, Church of Scotland
is a registered Scottish Charity SCO09338

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